

BE PART OF RESEARCH!

Be Part of Research - NIHR's flagship recruitment service - is a free, quick and simple way for people to register and take part in research with nearly every major health condition represented. Adults across the UK are being urged to sign up today at bepartofresearch.uk, with underrepresented groups including young adults, Black people and people of South Asian heritage particularly encouraged to take part.

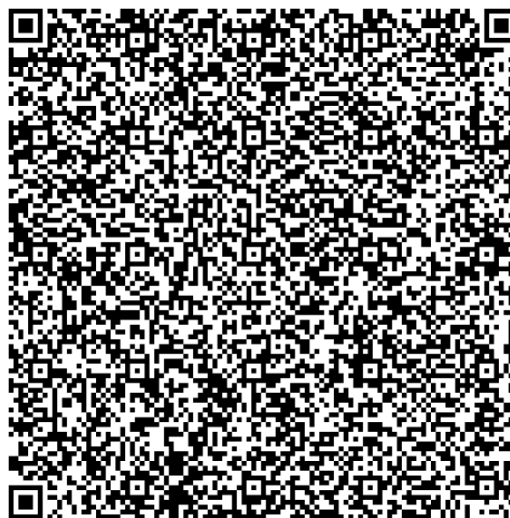
[Be Part of Research is central to government plans to turbocharge medical](#) research and a key priority in the 10 Year Health Plan, set to be published over the coming weeks.

Get involved and spread the word with your networks!

We need your help to support the campaign, create some noise and spread the word about this great opportunity to take part in research. There's lots of ways you can get involved and share your support for the campaign over the coming weeks.

1. Encourage friends and family to sign up at bepartofresearch.uk - using WhatsApp.

- Scan the QR with your mobile
- Select contacts that you want to share the message with
- Edit the content if you want to make it more relatable
- Press "Send"



2. Share our posts from NIHR social media accounts
3. - [LinkedIn](#), [Facebook](#), [Instagram](#) and [X](#)
4. Visit the [BPOR page on The Bridge](#) for the latest updates
5. Use our [Campaign in a Box kit and brand kit](#) to use and share campaign social media assets